



Centennial Pool

1201 Alpine Street • 303-651-8406

Enjoy year-round fitness and fun at Centennial Pool. Come workout or play in our pool with six 25-yard lap lanes, wading area and deep end with two 1-meter diving boards. Land fitness is available in our fitness room with treadmills, Lifecycles, elliptical, and a cable resistance weight machine. We also offer a variety of Land and Water Fitness Classes. Stop by any City of Longmont recreation facility to pick up a seasonal schedule today!

Winter/ Spring Hours

January 2, 2016 - May 2016

Fitness Room

Mon-Thurs	5:15am-8:30pm
Friday	5:15am-6:30pm
Saturday	7am-4pm
Sunday	10am-5pm

Lap Swim*

Mon-Fri	5:15am-3pm
Saturday	8am-11am & 1-4pm
Sunday	10am-5pm

*Lap swims may share pool space and as few as two lanes may be available. Circle swimming is encouraged. The facility will close 15 minutes after the last swimming session. Please plan your shower/changing times accordingly.

Open Swim

Mon-Fri	12pm-3pm
Sat-Family Swim	1pm-4pm
\$3 Sunday	12pm-2pm

Special Hours/Pool Closures:

Centennial Pool will be closed

- Dec 24 & 31: Thurs, Facility closes at 3pm
- Dec 25 & Jan 1: Fri, Closed
- Jan 23: Sat, closed at 11am, Swim Meet
- Jan 24: Sun, Winter Sprinter Swim Meet, closed until 1pm
- Mar 27: Sun, Easter, Closed
- Apr 17: Sun, Swim Meet, opens at 1pm

Upcoming Special Events

See center pull out calendar for more information

Parents Night Out

- Feb 13, Sat, 5-9pm
- Mar 12, Sat, 5-9pm
- Apr 9, Sat, 5-9pm

Underwater Easter Egg Hunt

- Sat, March 26, 1-4pm
(Hunt begins at 1:30pm)

Quick Fit

Centennial's fitness room overlooks the pool and is perfect for a quick workout while you watch your child's swim lesson. The Quick Fit is only available for parents/guardians of participants in city of Longmont programs at Centennial Pool. \$3 resident/ \$3.50 non-resident.

Specialty Fitness Classes

Fluid Running

Fluid running is a deep water running technique that the Australians & Canadians have been using to supplement their land running, rehab injuries or use as a cardio workout. You will burn up to 40% more calories and build muscular strength & endurance! Aqua-jogging belts are provided.

18 & up: Tue & Thurs, 7-8am - monthly fees on page 25

Drop in Fee: \$12 resident/\$15 non-resident

Instructor: Mary Ritter, Personal Trainer, USAT Coach and SSI Level III
Swim Instructor

Location: Centennial Pool, 1201 Alpine St

Paddleboard Yoga

Fusing stand-up paddleboarding with Yoga. Popular at Union Reservoir and now indoors for the winter! See page 26 or call 303-651-8406 for more information.

15 & up: Select Thursdays, 8:30-10pm; Sundays 8:30-10am

Location: Centennial Pool, 1201 Alpine Street

Fee - Board provided: \$30 resident/ \$37.50 non-resident BYO save \$5

Centennial Pool Rental Opportunities

Birthday Party Packages

Have a care-free party at Centennial Pool complete with birthday cake, punch, all the trimmings and swimming fun! If desired, our staff will be on hand to play games and entertain your party. Birthday Party Packages are only available during regularly scheduled Open Swim Hours for two hours. Call 303-651-8406 to reserve with full payment. Fee includes cake, punch, decorations, exclusive use of the Multipurpose Room and swim admission for two hours. NEW: Birthday cake made to order from La Momo Maes Bakery!

Fee: \$80 for up to 12 / \$100 for 13-16 / \$120 for 17-20

Days Available: Saturdays between 1-3pm & Sundays between 12-2pm

Please note that one adult per 5 children must be in the water with children under 6 years.

Private After-Hour Rentals

Hold your own special event at Centennial Pool! Rental time is started when the facility is open to the group and ends when the facility is empty and locked at the completion of the rental. Rental prices are based on the number of people entering the facilities whether they choose to swim or not. When making your reservation consider the time needed to set up decorations as well as the shower time of your guests. Prices can be adjusted to accommodate this extra time. The entire rental fee is due when making the reservation, ½ is refundable if you choose to cancel.

Call 303-651-8821 to make after hour rental reservations

Fee:	\$70/hour for up to 25 people	\$80/hour for up to 50 people
	\$100/hour for up to 75 people	\$120/hour for more than 76 people

Multipurpose Room Rental

Rent the multipurpose room at Centennial Pool during regular facility hours and receive the prescheduled group rate for all who swim or work out. Rental includes use of 2 tables and 16 chairs. Contact 303-651-8406 to reserve the room. Rental fee is non-refundable.

Multipurpose Room Fee: \$25 for up to 3 hours